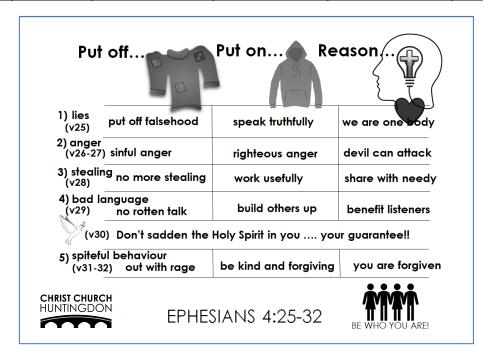
Dig Deeper into Eph 4:25-32 for personal study and Life Groups...



- 1. Before you dig into this passage, you might like to review where we have come so far in the book of Ephesians. Which verses are most precious to you?
- 2. Have a bit of a think about v30 before you dig into the rest of the passage. What does this verse tell you about the Holy Spirit? How might it motivate you to godliness?
- 3. Take a moment to review each of the 5 areas in this list.
 - a. Which one do you need to focus on the most?
 - b. When are you most susceptible to this sin (particularly in a church context)?
 - c. Why is the old clothing so ugly, and the new so beautiful?
 - d. How can you rewire your thinking (with God's help)?
 - e. What practically are you going to do differently this week?
- 4. How does the end of v32 help you in all of this?
- 5. Pray for the Holy Spirit to help you with the resolutions that you have made.

A couple of resources...

- **O Great God of Highest Heaven** (Sovereign Grace) is a lovely prayer of commitment to holiness with God's help. https://www.youtube.com/watch?v=eKQHqUo6qOw
- The story of **Rosaria Butterfield** (mentioned in the sermon), including the kindness of others in hospitality https://www.youtube.com/watch?v=oxyaSRWJNqw
- Tim Keller **on Forgiveness and Reconciliation**. https://viennapres.org/wp-content/uploads/2016/04/Keller-Forgiveness-and-Reconciliation-2016-5-1-Resource.pdf
- Some extra verses on **speech/use of the tongue**:
 - o Matt 12:33-37
 - o James 3:1-12

